

beauty · joy · harmony



threegraces

european day spa

7108 N. WESTERN AVE.  
OKLAHOMA CITY, OK  
73116  
405-840-3223  
www.3-graces.com

#### ABOUT YOUR VISIT

##### RESERVATIONS & CANCELLATIONS

Reservations are strongly recommended. If you find you are unable to keep your reservation, we request a 24 hour notice of cancellation. Guests who do not honor their reservation may be charged a cancellation fee. Our Saturday reservations are always in high demand; please know that a Saturday reservation requires a credit card. The credit card will be held and not charged until after your treatment is complete.

##### PUNCTUALITY

We ask that you arrive 15 minutes prior to your reservation so you may relax and receive the full benefit of our services. If your arrival is 15 minutes past the time of your appointment, you may be asked to reschedule or your treatment may be shortened in order to accommodate the next guest.

##### AMENITIES

We strive to offer privacy in our spa with changing in your individual treatment room however; we do provide lockers for full day spa packages. Robes, towels, sandals, shower facility, restroom, vanity area and select toiletry items are provided. If you are relaxing with a pedicure, we recommend wearing open-toed sandals and loose pants. Massage and Body Care treatments are enjoyed clothing free – careful draping procedures are exercised at all times.

##### VALUABLES

Please leave your jewelry, watches and other valuables at home. We are not responsible for lost or stolen items.

##### A LITTLE PEACE & QUIET PLEASE

To ensure our peaceful atmosphere and the enjoyment of all our patrons, we ask that all cell phones and pagers be turned off during your visit.

##### CHILDREN

Children are not permitted in the spa area unless they are receiving a treatment and accompanied by an adult. In addition, please ensure your child can contribute to our stress-free environment in the hair salon area.

##### GIFT CARDS

Our gift cards come wrapped and are perfect for any occasion in any denomination. They may be purchased in person, by phone, or on our website.

# beauty

## HAIR SERVICES

Shampoo & Blow Dry	starting at \$30
Couture Cut & Style	\$45
One Step Custom Color	\$50
Highlighting (partial)	\$55
Highlighting (full)	\$70
Conditioning Treatments	\$15
Extensions	per hour \$125

### Priced at time of Free Consultation

- Corrective Color
- Permanent Wave
- Relaxer
- Straightening
- Special Occasion Hair

## EYE TREATMENTS

Lash & Brow Dye	starting at \$40
Brow Lightening	\$25
Lash Perms	\$60
Lash Extensions	\$75
Recommended Makeup Remover	\$20
At-home Freshener/Resealer	\$40
Lash Extension Fill-in (at 2 weeks)	\$30
Lympho Drainage Massage	\$55
Rejuvenating Eye Treatment	\$40
Extreme Lashes	\$200

## NAIL SERVICES

Three Graces Spa Manicure*	\$30
Classic Manicure	\$20
Three Graces Spa Pedicure*	\$55
Classic Pedicure	\$30

\*Includes extensive exfoliation and a hydrating mask

## MAKEUP

Makeup Application	starting at \$45
Bridal, Prom and Special Occasion	\$100
Call for <b>free</b> consultation and pricing	

## PRODUCTS

We carry a complete line of  
 Atzen Skin Care  
 Jane Iredale Mineral Makeup  
 Jurlique Skin Care  
 Menaji  
 Murad Skin Care  
 Phyto Hair Care



## HAIR REMOVAL

Brows	starting at \$15
Brow Shaping	\$25
Upper Lip	\$10
Cheeks or Chin (per area)	\$20
Full Face	\$45
Under Arms	\$30
Half Arms (Upper or Lower)	\$25
Full Arms	\$45
Shoulders	\$20
Half Leg or Thigh	\$40
With Bikini	\$55
Full Leg with Bikini	\$90
Bikini Only	\$35
Brazilian	\$60
Modified Brazilian	\$50
Male Brazilian	\$85
Stomach or Buttocks	\$35
Back	\$60
Chest	\$50
Trimming Excessive Hair	\$25

## SKIN CARE

Three Graces Signature Facial	\$85
Atzen Biologique/Anti-Aging Facial	\$95
Gentlemen's Facial	\$85
Anti-Oxidant/Anti-Aging Facial	\$95
NuFace Instant-Lift Facial	\$85
Redness Therapy	\$85
Anti-Stress Facial	\$65
Petite Three Graces Signature Facial	\$35
Add exfoliation to any relaxing facial	\$25

## TREATMENTS

Micro Dermabrasion (face & neck)	\$85
With full facial	\$125
Add décolletage	\$50
Atzen Intensive	\$95
Resurgence	\$125
Glycolic Rapid Exfoliator	\$95
AHA Rapid Exfoliation	\$85
Vitamin C Infusion	\$85
Ultrasonic C Infusion	\$95
With full facial	\$125
Echo 2 Plus Oxygen	\$90
Atzen Purifiante	\$95
Clarifying & Acne Reduction	\$85
Pumpkin Peel	\$75
Deep Pore Cleansing	\$65
Deep Pore Cleansing Back	\$85
High Frequency	\$25

joy

beauty · joy · harmony

**SKIN CARE PACKAGES**

SEI: 6 facials for the price of 5 \$375 – \$625  
 DODICI: 12 facials for the price of 10 \$750 – \$1250

**DAY SPA PACKAGES**

<b>Italian Riviera I</b>	\$180
2 hours (salt glow, vichy shower, upper body massage, facial)	
<b>Italian Riviera II</b>	\$230
3 hours (salt glow, vichy shower, full body massage, facial)	
<b>Mediterranean I</b>	\$195
2.5 hours (seaweed bain, body brush, upper massage, facial)	
<b>Mediterranean II</b>	\$245
3.5 hours (seaweed bain, body brush, full massage, facial)	
<b>Gentlemen's Spa Package</b>	\$270
4 hours (facial, salt glow, vichy shower, full massage, manicure, brows)	
<b>Three Graces Excursion</b>	\$430
6 hours (salt glow, mud wrap, vichy shower, full massage, facial, manicure, pedicure, lunch)	
<b>Harmony for Two</b>	\$470
4 hours (salt glow, vichy shower, full massage, facial, lunch)	
<b>Switzerland Tour</b>	\$960
(8 week cellulite treatment plus supplements)	
<b>Three Graces Journey: Create your own package:</b>	
any 4 treatments:	10% off

harmony

**BODY CARE THERAPY**

IonSpa	\$35
3 Session package	\$90
Nice Seaweed Bain	\$65
Provence Spa Body Brush Treatment	\$65
Portofino Salt Glow with Vichy Shower	\$75
St. Moritz Cellulite Treatment	\$95
Salzburg Moor Mud Wrap	\$100
Athens Full Body Paraffin	\$125
Moroccan Full Body Bronzing with salt glow	\$75 \$125

**MASSAGE**

Reflexology	\$45
Anti-Stress Massage	\$65
Full Body Massage	\$85
Extended Full Body Massage	\$110
Pregnancy Massage	\$95
Hot Stone Massage	\$125

**SKIN CARE****AHA RAPID EXFOLIATION**

Provides maximum exfoliation. Encourages cell turnover and accelerates the improvement in skin texture, tone and appearance. Deep cleans pores to keep skin clear without redness or irritation. 30 – 45 minutes

**ANTI-OXIDANT/ ANTI-AGING**

This facial pays special attention to the delicate eye area to reduce the appearance of wrinkles, fine lines, dark circles, puffiness and redness. A special Anti-Oxidant mask works in the deep layers of the skin and provides ultimate hydration and protection from moisture loss. Anti-Oxidant Vitamin C is introduced to tone, firm, hydrate and help prevent future damage. 1 hour

**ANTI-STRESS FACIAL**

A mini facial: cleansing, exfoliation, hydration, and toning. A conditioning mask formulated for your skin type. 30 minutes

**CLARIFYING & ACNE REDUCTION**

Dissolves impurities and deep cleans pores. Soothes redness and reduces irritation and improves skin clarity leaving it with a healthy vibrant glow. 1 hour

**DEEP CLEANSING BACK**

A facial for the back. A cleansing of the back is followed by an exfoliation, toning, and rebalancing mask. 30 minutes

**DEEP PORE CLEANSING**

Designed to treat problem skin, this treatment includes skin analysis, a steaming process to open pores for deep cleansing, a disincrustation process to soften and emulsify problem areas, extractions, a treatment mask for blemished skin. A series of weekly treatments works best. 1 hour

**ECHO 2 PLUS OXYGEN TREATMENT**

**A Three Graces Exclusive.** The only facial treatment that uses 100% Oxygen; blends oxygen and nutrients to bring 87 different vitamins, minerals, enzymes and amino acids into the skin. Cellular nutrition at this level isn't available from any other source except the Echo 2 Plus Skin Treatment. 1 hour

**GENTLEMEN'S FACIAL**

This anti-oxidant facial and steam wrap combined with a light massage of the face, neck and shoulders is perfect for the guys. Geared toward individual skin type. 1 hour

**GLYCOLIC RAPID EXFOLIATOR**

Diminish the appearance of fine lines and wrinkles while encouraging renewed skin health. Concentrated glycolic acid exfoliates dead skin cells to reveal a softer smoother complexion. For sun damaged, aging or problem skin. 30 – 45 minutes

#### HIGH FREQUENCY TREATMENT

Cleansing Vitamin A & E treatment under high frequency and light moisturizing (excellent fix for occasional breakouts.)  
15 minutes

#### MICRO DERMABRASION

A non-invasive skin resurfacing treatment for a vast range of skin imperfections. It propels natural mineral crystals for a powerful peeling action that reduces the appearance of sun damage, fine lines, wrinkles, blackheads, comedones, uneven pigmentation, enlarged pores and superficial scars. 30 minutes

*With Full Facial* – Micro Dermabrasion included with our Three Graces Signature Facial. 1 hour

#### PUMPKIN PEEL FACIAL

Natural pumpkin enzyme exfoliates with pure whipped pumpkin, supplies plumping nutrients and anti-oxidants creating toned and glowing skin. Good for all skin types. 45 minutes

#### REDNESS THERAPY

Calms irritated skin. Strengthens the skin's barrier function. Cools on contact, relieving redness and rosacea. Restores hydration and suppleness. 1 hour

#### RESURGENCE FACIAL

Reduces fine lines and wrinkles and provides multi-layer skin hydration. Includes a glycolic peel and creates a youthful glow. 1 hour & 15 minutes

#### THREE GRACES SIGNATURE FACIAL

Jurlique's relaxing, nourishing facial designed specifically for your skin type. Includes hand and arm massage. 1 hour

#### ULTRA C INFUSION

Sonic technology to deep clean, scale, infuse and lift skin. Includes Vitamin C infusion and Vitamin E lifting. 30 – 45 minutes  
*With Full Facial* – Adds a skin specific, nourishing masque and hand massage to your infusion treatment. 1 hour

#### VITAMIN C INFUSION

Reduces fine lines and photo damage. Restores elasticity, firmness and hydration. Exfoliates damaged cells and helps prevent future damage. Infuses powerful antioxidant protection while soothing stressed skin. 30 – 45 minutes

#### ATZEN

Biologique – to balance all skin types.  
Intensite – to correct damaged skin.  
Purifiante – to correct acneic skin.

#### BODY CARE

##### NICE SEAWEED BAIN

Let the minerals of natural seaweed release stress and detoxify your body. Relax and let our whirlpool jets do their magic.  
45 minutes

##### SALZBURG MOOR MUD WRAP

Organic seaweed mud is painted gently on the body to soothe and relax tired muscles. The body is then wrapped to increase activation of the key ingredients. Followed by a relaxing vichy shower. 1 hour

##### PORTOFINO SALT GLOW WITH VICHY SHOWER

*Glow* is the word for this deep exfoliating treatment. It will slough away dead skin cells and restore healthy looking skin. Your stress will melt away as your skin is gently massaged with a blend of aromatic sea salts, mineral salts, and essential oils to improve impurities and stimulate circulation bringing your skin back to a beautiful radiance. Followed by twenty minutes of a relaxing shower. 45 minutes

##### PROVENCE SPA BODY BRUSH TREATMENT

A smoothing and replenishing body brush treatment that exfoliates and deeply moisturizes body. Also improves circulation.  
45 minutes – 1 hour



7108 N. WESTERN AVE.  
OKLAHOMA CITY, OK  
73116  
405-840-3223  
www.3-graces.com